

Cross New Hampshire Adventure Trail: Westward Route from Bethel Maine to Woodsville, New Hampshire

82.9 miles

Leg	Dir	Type	Notes	Total
	↑	Generic	Welcome to the Cross New Hampshire Adventure Trail!! Start here in Bethel, Maine at Davis Park. There is a parking lot, porta-potty and picnic tables. Head west, out on the paved bike path.	0.0
0.5	→	Right	Turn Right to stay on the bike path and cross the Androscoggin River on the snowmobile, pedestrian and bike bridge.	0.5
0.2	↑	U-turn	Turn Right in a sharp U-turn to continue on the bike path under the main road and along the river.	0.8
0.3	←	Left	Turn Left onto North Road. North Road is paved and scenic.	1.1
9.4	↑	Straight	Stay Straight at the iron bridge to remain on North Road.	10.5
5.2	↑	Straight	Stay Straight at the small grassy triangle to remain on North Road.	15.7
3.3	→	Right	Turn Right onto Hogan Road at the dirt parking area. Hogan Road is a dirt road with variable conditions, use caution. As of June 12, 2019, the small bridge over a stream has not been repaired, and major washouts further up the road have not been fixed. It is typically easy to walk across the stream bed. A fairly long Walk-Bike is required in the area where the river washed out the road to rubble. Patience, it will get better.	19.0
2.4	←	Left	Bear Left to stay on Hogan Road. Always keep the river on your left. Hogan Road parallels the river, sometimes right next to it, sometimes a bit away, Don't be tempted to travel uphill steeply away from the river on steep rough pathways..	21.4
2.8	←	Left	The area opens up and power lines are visible to your right. Turn Left onto a short dirt access road that goes steeply downhill, walk your bike. It goes into an open maintenance area then intersects with The Presidential Rail Trail. ATVs share this section of the rail trail, use caution.	24.1

0.1	←	Left	Turn Left onto the Presidential Rail Trail. The rail trail is ballast and dirt, generally hard packed, but shared with ATVs so may be soft and/or washboard in some places. This route will take you across the power canal, the Androscoggin River and Route 16 in Gorham.	24.2
1.2	↑	Straight	Stay Straight on the rail trail as you pass by the large fenced in parking area on the left for ATVs and other trail users. There is a fence across the rail trail to divert the ATVs into the parking lot. They cannot travel further on the rail trail...but you can, go around the fence to the right and now enjoy the next 15 miles of scenic quiet rail trail. The rail trail from this parking area to the west does not allow ATVs, surface conditions are more enjoyable, but still can have a few rough spots.	25.4
0.0	↑	Food	This fenced parking lot is the access point for an off-road route to the Town of Gorham. At the upper (west) end of the parking lot, carefully cross Route 2 to access the hard packed stonedust route at a gate.	25.5
4.4	↑	Straight	Stay Straight on the rail trail to cross Pinkham B Road/Dolly Copp Road.	29.9
6.4	→	Right	Turn Right onto Jefferson Notch Road, a dirt road. There are many signs at this intersection for cars and snowmobiles. Do you see Yeti ahead?	36.3
0.0	←	Left	Immediate Left onto Valley Road. Leave Yeti behind you. This road is mostly dirt with some paved sections. Look back behind you for panoramic views of the Presidential Range..	36.3
2.9	↑	Straight	Stay Straight to cross Route 115. The road name changes to Israel's River Road. Stop at the Israel River Campground store for snacks, beverages and ice cream treats.	39.2
1.7	←	Left	Turn Left onto Meadows Road, Route 115A South.	41.0
0.6	→	Right	Turn Right onto the Presidential Rail Trail (not marked). It is a hard packed dirt trail, you will see the gate.	41.6
2.5	→	Right	Turn Right onto the viewing platform on the edge of	44.1

the pond for panoramic views.

0.0	←	Left	Bear Left at the Y to stay on the rail trail.	44.1
0.1	←	Left	Bear Left to stay on the rail trail.	44.2
1.4	→	Right	Turn Right at the end of the rail trail onto Airport Road, a paved road.	45.7
0.7	→	Right	Turn Right to stay on Airport Road.	46.4
0.1	←	Left	Turn Left to stay on Airport Road.	46.4
0.7	→	Right	Turn Right onto Hazen Road.	47.1
1.3	←	Left	Turn Left onto Route 116 West, Jefferson Road.	48.4
1.6	↑	Danger	Caution: Double set of angled railroad tracks.	50.0
0.0	←	Left	Turn Left onto Route 3 South in the center of Whitefield. After the turn, the town green and gazebo will be on your right.	50.1
0.1	→	Right	Turn Right onto Littleton Rd/Route 116 West. Enjoy the climb and views.	50.2
10.6	←	Left	Turn Left onto Cottage Street/Route 302 at the stoplight. Welcome to Littleton.	60.7
0.1	→	Right	Turn Right onto Riverglen Lane. Bike shop (Littleton Bike and Fitness) on the right, at the rear of the building on the corner of Route 302 and Riverglen.	60.8
0.2	→	Right	Bear Right just after the pedestrian covered bridge to enter the bike path.	61.0
0.3	→	Right	Slight Right onto Riverside Drive after a very short dirt path across the front yard of a pumpkin colored house.	61.3
0.6	←	Left	Turn Left onto Industrial Park Road.	61.8
0.1	→	Right	Turn Right onto the Ammonoosuc Rail Trail. Entrance area is typically rocky and washed out, use caution. You are sharing this recreation path with ATVs.	61.9
5.6	→	Right	Turn Right at a short, rough surfaced driveway, an access point to River Road, located between 2 rail trail gates (orange and yellow banded). Walk your bike down the dirt access way downhill for about 10 yards to the intersection with River Road.	67.5
0.0	←	Left	Turn Left onto River Road. This is a nice dirt road, right on the riverside. It runs parallel to the river and the rail trail.	67.6

1.7	→	Right	Turn Right onto Route 117.	69.2
0.0	→	Right	Turn Right onto Route 302 East, and cross the Ammonoosuc River.	69.3
0.2	←	Left	After crossing the Ammonoosuc River, Turn Left onto Lyman Road. Use caution crossing busy Route 302.	69.5
0.4	←	Left	Turn Left onto Bishop Road.	69.9
2.0	←	Left	Turn Left onto Parker Hill Road.	71.9
0.7	←	Left	Turn Left onto School Street. Cross the Ammonoosuc River. There is a small grocery store-deli, a good Thai Restaurant and convenience stores in Lisbon.	72.6
0.1	→	Right	Turn Right onto Route 302, Main St.	72.6
0.0	←	Left	Turn Left onto Central Street. Use caution crossing busy Route 302.	72.7
0.1	→	Right	Turn Right onto the Ammonoosuc Rail Trail. at the restored railroad station.	72.8
0.9	→	Right	Bear Right to enter the tunnel under Route 302. Walk the bike, it is rough and washed out in this area and the tunnel is dark and either sandy or muddy.	73.7
4.6	↑	Straight	Town of Bath and its historic covered bridge. Cross the bridge to go into Bath to the historic "The Brick Store" for smoked cheese and sausages and other supplies. Ice Cream is At The Hop. To get to the bridge, take the access into the small parking lot BEFORE you go under the bridge.	78.2
3.2	↑	Straight	The bridge over Route 302 is covered with coarse gravel. Walk your bike.	81.5
0.9	↑	Straight	The rail trail ends at a orange and yellow striped gate. Go around the gate and continue straight onto Railroad Street. To celebrate, stop for lunch a Gather Together Cafe, next to the Dunkin Donuts.	82.4
0.1	→	Right	Bear Right to go behind the Railway Farm and Garden Store (which closed in 2019). More celebration at Slick's Ice Cream, just across the street. Good eats and drinks next door, too, at the Saltwater Cafe and Bistro.	82.5
0.1	←	Left	Turn Left at Chapel Street in the middle area of the parkinglot to access Route 302.	82.6
			Turn right onto Route 302, Central Street. Busy road,	

0.0 → Right use caution. 82.6

0.3 ↑ Straight End of the Cross New Hampshire Adventure Trail on the Iron Bridge over the Connecticut River, the border of Vermont and New Hampshire! Continue on the Cross Vermont Trail all the way to Lake Champlain at Burlington! We hope you enjoyed the ride!! 82.9