

Cross New Hampshire Adventure Trail NEW MAP 7-9-2022 **83.0 miles**  
 WESTWARD, Bethel to Woodsville

Leg	Dir	Type	Notes	Total
	↑	Generic	Welcome to the Cross New Hampshire Adventure Trail! Start here in Bethel, Maine at Davis Park. Head west on the paved bike path.	0.0
0.5	→	Right	Turn Right to stay on the bike path and cross the Androscoggin River on the snowmobile, pedestrian and bike bridge.	0.5
0.2	↑	U Turn	Turn Right in a sharp U-turn to continue on the bike path under the main road and along the river.	0.8
0.3	←	Left	Turn Left onto North Road, a paved and scenic back road.	1.1
9.4	↑	Straight	Stay Straight and pass the iron bridge to remain on North Road. Keep the river on your left.	10.5
5.2	↑	Straight	Stay Straight at the small shrubby triangle to remain on North Road.	15.7
3.3	→	Right	Turn Right onto Hogan Road at the dirt parking area. Hogan Road is a scenic dirt road with some variable rough conditions, washouts, so use caution. You will be biking on the Appalachian Trail for a short distance. There will be places where you may like to walk your bike, especially on the short little hills.	19.0
2.4	←	Left	Bear Left to stay on Hogan Road. Always keep the river on your left. Hogan Road parallels the river on the north side.	21.4
2.7	←	Left	The road comes out of the woods into an open area and power line towers run alongside on your right. Turn Left onto a short dirt singletrack that is hard to see. There is a rock in the dirt with a hikers blue blaze on it to mark the entrance to the single track. The entrance is located opposite one of the power poles. The trail goes steeply downhill into the woods, walk your bike. This single track will intersect with The Presidential Rail Trail in about 100	24.1

			yards.	
0.1	←	Left	Turn Left onto the Presidential Rail Trail. The rail trail is ballast and dirt, generally hard packed, but shared with many ATVs so it can be soft, rocky and/or washboard. Sharing lasts about a mile.	24.1
1.1	↑	Straight	Continue straight on the rail trail, around the gate. A parking lot will be alongside the fence on your left.	25.3
0.1	↑	Generic	At the kiosk is a Dero Fixit Station and pump. If you want to access Gorham for lodging or food, exit the rail trail here. Cross Route 2 and go around a gate. Follow the rec path into Gorham. The rec path turns into Bellevue Place, continue until it ends at Route 16.	25.4
0.8	↑	Straight	Continue Straight to stay on the rail trail.	26.2
3.6	↑	Straight	Stay Straight to remain on the rail trail. A Porta Potty is on the left in the pine trees located to the right side of the town garage.	29.8
4.2	↑	Generic	The Bowman Parking Lot. This is the high point of the Presidential Rail Trail and the Cross New Hampshire Adventure Trail.	33.9
2.2	→	Right	Turn Right off the Rail Trail onto Jefferson Notch Road.	36.2
0.0	←	Left	Turn Left onto Valley Road.	36.2
2.9	↑	Straight	Stay straight to cross Route 115 onto Israel River Road.	39.1
1.2	↑	Generic	Israel River Campground. Camp Store with cold beverages, camp food, ice cream, bathrooms and a Dero Fixit Station and pump.	40.3
0.5	←	Left	Turn Left onto Meadows Road, Route 115A.	40.8
0.6	→	Right	Turn Right onto the Presidential Rail Trail into the Pondicherry National Wildlife Refuge.	41.5
2.5	→	Right	Stop to take a break on the observation platform overlooking Cherry Pond and mountain views.	44.0
0.1	←	Slight Left	Bear Left to stay on the rail trail.	44.1

1.4	→	Right	Turn Right onto Airport Road. Porta Potties available in the parking lot.	45.5
0.7	→	Right	Turn Right to stay on Airport Road.	46.2
0.1	←	Left	Turn Left to stay on Airport Road.	46.3
0.7	→	Right	Turn Right onto Hazen Road.	47.0
1.3	←	Left	Turn Left onto Route116.	48.3
1.7	←	Left	Turn left at King Square to stay on Route 116.	50.0
0.0	↑	Straight	Stay Straight to cross the small bridge.	50.0
0.0	→	Right	Turn Right to stay on Route 116. Note your odometer: You will be turning left in 7.4 miles.	50.0
7.4	←	Left	Turn Left onto Oxbow Drive, a dirt road hidden in the woods.	57.4
0.1	←	Left	Turn Left to enter and then go Right onto the Ammonoosuc Rail Trail heading west. There will be mixed surfaces with some loose gravel.	57.6
2.2	↑	Straight	Stay Straight to remain on the rail trail.	59.7
0.1	↑	Straight	Stay straight to cross the soccer field. Stay close to the fence on the right side especially when a game is on.	59.9
0.5	↑	Straight	Stay Straight to remain on the rail trail.	60.3
0.5	↑	Straight	Stay Straight to remain on the rail trail. If you want to access Littleton for lodging and food, turn Right onto Route 302 and then turn left using the crosswalk onto Riverglen Lane. Go down the Lane and cross the pedestrian covered bridge to access the town.	60.8
1.0	←	Slight Left	Bear Left into the gravel parking lot.	61.8
0.1	↑	Straight	Stay Straight to cross Industrial Park Road and return to the rail trail.	61.9
0.5	↑	Straight	Stay Straight to remain on the rail trail. You will be sharing the trail now with some ATVs.	62.4
4.5	→	Right	At the double gate, take a Right to go down a short dirt driveway.	66.9

0.0	←	Left	Turn Left onto River Road, a pleasant dirt road. Keep the river on your right.	66.9
2.3	→	Right	Turn Right onto Route 117.	69.2
0.0	→	Right	Turn Right onto Route 302. Be careful of traffic on this busy road.	69.3
0.2	←	Left	Turn Left onto Lyman Road. Use care crossing busy Route 302.	69.5
0.4	←	Left	Turn Left onto Bishop Road.	69.9
2.0	←	Left	Turn Left onto Parker Hill Road/Water Street.	71.9
0.7	←	Left	Turn Left onto School Street.	72.6
0.1	→	Right	Turn Right onto Route 302. Note the grocery store across the street for food, drinks and deli.	72.6
0.0	←	Left	Turn Left onto Central Street. Use caution crossing busy Route 302.	72.7
0.1	→	Right	Turn Right onto the Ammonoosuc Rail Trail. At the train station, there is a Dero Fixit Station and pump. There will be loose gravel, but it will eventually improve.	72.7
0.9	→	Slight Right	Bear Right to go down and into the tunnel. Be cautious of ATVs, walker and cyclists in the tunnel. Keep Right!	73.6
8.8	↑	Straight	Go Straight across the road to stay on the trail.	82.4
0.1	→	Slight Right	Bear slightly Right to go between the railway building and the Iron Rail Pub and Grill.	82.5
0.1	←	Slight Left	Bear Left to exit the parking area to Route 302.	82.6
0.0	→	Right	Turn Right onto Route 302. Caution for traffic.	82.6
0.4	↑	Generic	Cross the bridge and Welcome to Vermont! Congratulations! You have completed the Cross New Hampshire Adventure Trail!	83.0

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